Bibliotherapy: using children's books to address students' social and emotional concerns

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Abstract:

All students experience circumstances that have the potential to negatively impact their social and emotional wellbeing and performance in school. Limited time and resources have made it increasingly challenging for schools and parents to effectively address these issues. This document reviews current literature in the psychological and educational fields related to using bibliotherapy to assist students in overcoming difficult experiences. Bibliotherapy can help students develop social, emotional, problem-solving, and coping skills that can contribute to success in school and beyond. The prepared project is a comprehensive bibliotherapy implementation guide. The purpose of this project is to provide school-based professionals and parents with a practical and effective resource for addressing common social and emotional concerns experienced by students.

Description:

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