The Ball: The Object of the Game

John Fox


Why do we play ball? The Ball: The Object of the Game begins with the conceit that John Fox—prompted by an offhand question tossed out by his seven-year-old son—embarked on a quest to articulate why humans play ball. Although the underlying motivation for the work clearly comes from the years he spent researching an ancient Mayan ball game, this father-
son moment of bonding sets up the book’s conversational tone and serves as its narrative thread. Fox begins by claiming the ball as a universal object: one that has been differently bounced, kicked, thrown, and batted about by cultures for all of human history. He wisely declines an attempt at an encyclopedia of ball games, and instead chooses to focus on eight exemplary ball sports from the past and present, those that, “best reveal . . . key historical moments in the evolution of ball games, from the ancient world to the present” (p. 10). Fox gives sustained attention to the Kirkwall Ba’, jeu de paume (or royal tennis), the Mayan ball game and its present-day iteration ulama, the American Indian tradition of lacrosse, American baseball, football, and basketball, and, at the end, a nod to soccer. As Fox elaborates these examples of balls being batted around for the purposes of pick-up play, complex ritual, and major media event, another question comes to the fore: How do the ways we play, and their differences, matter? Fox argues that playing with balls is and has been central to human development—among others, he points to William Calvin’s work suggesting an evolutionary connection between human capacity for language and precision with projectiles. He also argues that our current forms of play have been corrupted by what other scholars have dubbed the sports-industrial complex. At times Fox’s evolutionary and cultural arguments feel conflated, like his exhortation that we, “reclaim our purest, most primal connections to the games we love and remind ourselves why they matter so much” (p. 11). These calls for a return to purity are rarely compelling, not because our present moment does not desperately need transforming but rather because referring to a fantasy of an idyllic past is not the best tactic for making different and better futures. From Fox’s own stories of ball games in early Mesopotamian, Egyptian, Greek, and Mayan civilizations, it does not seem as if earlier chronological iterations of ball games were somehow purer. They were just importantly different in the ways they served as reflections and material mediations of their times and places. But his argument gathers urgency when he locates it in relation to the recent work in child development, which indicates that, as a culture, we have a “play deficit.” I wanted Fox to be both louder and more careful here. A lack of play is a big deal when you put it together with research on the importance of play to cognitive development. He could have taken more time to tease out the nuances of this research since it lends his own work some serious stakes.

Even the most serious sport, game, and play scholars will find something new in Fox’s book. Readers will find themselves educated into the histories both of games that they have never heard of before and games that they only thought they knew all about. Fox’s pilgrimages to distant places and into distant pasts make the book read as a cross between travel literature and history. One of the strongest sections describes the remarkable rubber ball sent ricocheting around massive ball courts by the Mayans. Naming a ball a type of technology shifts common historical narratives about technological capacity. Revealing that the Mayans had developed a fairly reliable process for stabilizing rubber many centuries before Goodyear and Hancock fought to patent the vulcanization processes, for
example, provides us a critical purchase on our notions of property. Fox’s description of how a nine-pound *ulama* ball crashing into his chest in the small town of Los Llanitos transformed his understanding of the ancient game he had studied for years, also makes a powerful case for the types of knowledge that can only be gained through bodily impact.

The second half of the book sinks into the social history of twentieth-century American sports. Of particular interest are the early rule debates in American football that provide back story to the present-day concussion crisis; a profound story about Onondaga Nation lacrosse players refusing to travel on U.S. passports when England deemed their travel documents inadequate; and Bilqis Abdul-Qaadir’s stunning achievements in women’s high school basketball in the face of anti-Muslim taunts. In turning to these histories, Fox, at times, leaves the ball behind. But although I had hoped to learn more about the dynamics and politics of industrial pneumatic objects, the stories he highlights are important and undertold and mark one of the book’s important contributions.

The most frustrating aspect of the book is its tone. Fox pitches it for a broad audience, purposefully refusing academic jargon. But it is possible to forsake jargon and still grant your readers respect. I felt anxious anticipated instead of trusted. This tone may be an unintended effect of using his son’s question as a hook, which implicitly aligns his readers with the seven-year-old whose question he is answering. The father-son through line also amplifies Fox’s lack of any sustained address of gender. It is certainly true that the history of ball sports is, until very recently, mostly a history of men playing each other. Which begs the question, why? A long history of men playing sports, especially one that devotes only a handful of its three hundred pages to women, needs to address masculinity. In skirting this subject, Fox misses a true opportunity to address our desperate lack of spaces and languages for discussing how men connect and combat other men through objects. He also misses an opportunity to speak to the fundamental queerness of sport—the range of intimacy and eroticism that its cordoned-off spaces open up. Despite these drawbacks, both fans and scholars will appreciate the depth and the range of research that Fox has done on such a central object of play. He has performed a real service by gathering all these different histories together and giving them the opportunity to sit next to each other.

—Carlin Wing, *New York University, New York, NY*

**Of Dice and Men: The Story of Dungeons and Dragons and the People Who Play It**

*David M. Ewalt*


A few pages into David Ewalt’s autoethnography of Dungeons and Dragons (D&D), I learned what to expect. “I am not a wizard,” Ewalt writes, “but I play one every Tuesday night” (p. 4). Technically, Ewalt plays a cleric, a divine spell caster
Who played the first ball game and why? They did seem to have an entire logic onto themselves, and people seemed to enjoy them, but they didn't actually seem related directly to the war. For example, one of the earliest description of a ball game that I've read was in Iliad (Odysseus is playing, IIRC). And it looks very much like a typical rugby or American Football game, So it has roots that are even older than Iliad! So no wonder that humans also use them in play. In a way, play with a ball (a spherical object) is older than humans themselves. So that answered my riddle as to how these games originated. I did have some inkling to the idea, since some article on wikipedia does say that spherical objects are attractive to human babies and kittens as well The Ball is a 2010 independent first-person view action-adventure video game developed by Teotl Studios and published by Tripwire Interactive. The game was one of the OnLive's UK launch titles, and one of the 13 games contained in the Potato Sack Bundle, which was a part of the Potato Sack Alternate Reality Game, promoting Portal 2's release. On June 7, 2016 the spiritual successor, The Solus Project was released on PC and consoles by Teotl and Grip Digital. The game features a very different setting Object of the Game. The object of baseball is to score more runs than your opponent. The idea is to hit the ball thrown at you as far as you can before running around 4 bases to complete a run. Once a player manages to get around the four bases before being tagged out, then another batter steps in. Players & Equipment. A game is played out between two teams, each made up of 9 players. The game lasts for 9 innings with each team alternating between batting and fielding in each inning. The scores at the end of the innings are added to a cumulative score and the team with most points wins. Ea