Bibliotherapy 5. help them through a future event. As with any type of therapy, using a book to help a child is not the cure but rather a treatment. Bibliotherapy offers coping mechanisms and new insight for students. Today's elementary classroom is a tiny society "where teachers are perpetually encountering a range of student needs" (Iaquinta & Hipsky, 2006, p. 1). Studies show that the best way to modify attitudes and promote behavior changes is through bibliotherapy (Kozel, 1996). In the article Prater et al. (2006) find ways that books can be used to teach problem solving, help students cope with teasing or name calling, support gay and lesbian relationships, help students overcome math anxiety or deal with death. For many parents, helping their children overcome these hurdles involves teaching them social skills that are appropriate for their grade. Finally, there is a section dedicated to acknowledging some of the questions and problems that have not been dealt with and the author's final thoughts on the project.

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