



Authors: [V. Fineberg, Harvey](#)

Keywords: [Chronic Illness](#)

Issue Date: 2012

Publisher: National Academy of Sciences

Description: Chronic diseases have emerged in recent decades as the major cluster of health concerns of the American people. A chronic condition or illness, in general terms, is a condition that is slow in progression, long in duration, and void of spontaneous resolution, and it often limits the function, productivity, and quality of life of those who live with them.

URI: <http://10.6.20.12:80/handle/123456789/3454>

ISBN: 978-0-309-22127-6

Appears in [Veterinary Medicine](#)

Collections:

Files in This Item:

File	Description	Size	Format
69.pdf.pdf		2.99 MB	Adobe PDF

[View/Open](#)

[Show full item record](#)



Items in DSpace are protected by copyright, with all rights reserved, unless otherwise indicated.

[About Us](#) | [Contact Us](#)

2020 ©Ministry of Science and Higher Education



Living Well With Chronic Illness: A Call for Public Health Action. Article. Jan 2013. At first glance, it seems as if the so-called “Digital Turn” fundamentally altered—and continues to alter—our ways of being in the world (see Lagerkvist 2017). © 2018 selection and editorial matter, Tilo Felgenhauer and Karsten Gäbler; individual chapters, the contributors. All rights reserved. reacting to chronic illness: anxiety. ANXIETY - esp. common in people with stroke, heart disease, and cancer - get v. overwhelmed by changes in their lives and with the prospect of death - constantly vigilant to changes in physical conditions - each minor ache/pain may prompt a fear of possible recurrence. INTERFERES - with adaptive functioning - may be debilitated by their emotional distress even before therapy begins. A chronic illness is a long-term health condition that may not have a cure. Examples of chronic illnesses are Find a support group in your area for people who have the same chronic illness as you. Many organizations and hospitals run support groups. Ask your health care provider how to find one. For example, if you have heart disease, the American Heart Association may offer or know of a support group in your area. Find an online group. There are online blogs and discussion groups about many topics, and you may find support this way. Tell Others About Your Chronic Illness. You may find it hard to tell others that you have a chronic illness. You may worry that they will not want to know about it or tha