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A Gnostic Book of Hours: Keys to Inner Wisdom

By June K. Singer

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This book beautifully asserts the Unity of All That Is, the Inner and the Outer. So many "spiritual" people want to pretend that the Gnostics had a disdain for the physical body. Why would Jesus and his followers then place such great significance on the resurrection of the body? Nor would either group have subscribed to the meditative practices in the Book of Hours because one of the groups was composed of Jews and converted Gentiles dedicated to obeying their God's dogma and ritual. The members of the other group didn't need to meditate in order to maintain the presence of the divine mystery within the everyday world. A Gnostic Book of Hours book. Read 5 reviews from the world's largest community for readers. 1992 Harper San Francisco hardcover, full number line. ISBN Goodreads helps you keep track of books you want to read. Start by marking A Gnostic Book of Hours: Keys to Inner Wisdom as Want to Read: Want to Read saving | Want to Read. June Singer has recast the wisdom found in these texts into a book of hours, the traditional framework for an ongoing meditative practice. Its purpose is to enable readers to maintain an awareness of the presence of the divine mystery within the everyday world. A Gnostic Book of Hours is divided into eight offices or prayers for different parts of the day: matins (midnight), lauds (daybreak), prime (beginning of the workday), terce, sext, none (the little hours during the work day), vespers (sundown) and compline (retiring to sleep). For each office, Singer has selected a text for each day of