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Zen and the Art of Reflective Practice in Teacher Education

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In this article, Robert Tremmel explores the possibility of enriching reflective teaching and teacher education programs by transcending the limitations imposed by technical and analytic views of reflective practice through the incorporation of non-Western notions of reflection, particularly the Zen Buddhist tradition of "mindfulness." Tremmel discusses Donald Schön's notion of reflection-in-action as an alternative and broader approach to reflection, and connects this approach to central dimensions of Zen teachings. In contrast, the author points out how some teacher education programs committed to reflective practice are not successful because they rely on narrow conceptions of reflection that ignore the need of "preparing our minds" as an initial step towards reflection. Finally, Tremmel draws from his own practice as a teacher educator to discuss his work in teaching students the art of "paying attention" as a way of nurturing reflective practice.

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Abstract Reflective practice is a process that facilitates teaching, learning and understanding, and it plays a central role in teachers' professional development. When student teachers carry out systematic enquiry into themselves, they understand themselves, their practices and their students. By constantly looking into their own actions and experiences, they professionally grow in their own. Training of teachers has emerging global trends in education and the overall needs and aspirations of the people. The Quality of education depends on the quality teachers and teaching. The way teachers are trained is an important aspect to improve quality. Reflective practice has become a focus of interest and a powerful movement in teacher education. See more ideas about Reflective practice, Teacher learner, Teaching. How could it be improved? It's questioning the underlying assumptions in the learning design itself and the reasons behind your choices as a learning designer/teacher/learner. M. 5th Grade Reading Middle School Reading Middle School English 6th Grade English Middle School Literature Ap Literature Literature Circles Teaching Language Arts Teaching Writing. Blogger. Hello everyone! Teacher educator should apply this theory in classroom practice, in order observe and reflects on the results so that the classroom becomes a kind of laboratory where the teacher can relate teaching theory to teaching practice. By adopting reflective teaching pedagogy teacher educator imparts inspiration among teacher trainees, so as to enable them to practice the same in their teaching practice sessions. The role of Reflective teaching in teacher education. Reflective practice is used at both the pre-service and in-service levels of teaching. Coaching and peer involvement are two aspects of reflective practice seen most often at the pre-service level.