

COCONUT FOR CLEAN AIR

by

Rafael S. Diaz

Editor's Note: Coconut oil is gaining recognition as an excellent health food and medicine, but its benefits don't stop there. It can also be used to improve air quality by reducing air pollution caused by automobile exhaust. How? By using it as diesel fuel or as a diesel fuel additive.

Using vegetable oil as a diesel fuel may sound bizarre but it has been done for decades. In fact, some of the first diesel engines invented ran on vegetable oil. Although pure coconut oil can be used as diesel fuel, coconut oil esters or coco biodiesel shows the greatest potential as a suitable diesel fuel replacement or additive. Vegetable oils are currently being used as biodiesel additives in many countries to enhance engine performance and efficiency, but coco biodiesel is superior to them all. This is due to the medium chain saturated fatty acids in coconut oil, which gives the fuel unique characteristics not found with other biodiesel additives.

Diesel fuel blended with just 1% coco biodiesel reduces emissions significantly. Studies conducted in Japan and Korea show that emission of particulate matter is reduced by as much as 60% and nitrogen oxide (a major component of smog) by 20% and smoke is reduced by 70% with the addition of only 1% coco biodiesel. Adding 2% coco biodiesel lowers pollution even more with smoke emission decreasing by an incredible 90%!

Not only does coco biodiesel burn cleaner but it increases the efficiency of the fuel, increasing gas mileage, reducing wear on the engine, and extending engine life. Coco biodiesel increases lubricity of the fuel by 36% thus reducing wear and tear on the engine. It increases solvency of the fuel, which dissolves carbon deposits in the combustion chamber and declogs fuel nozzles, lines, and ports allowing for greater engine efficiency. It also enhanced cold starting efficiency of diesel fuel. All of which improve gas mileage and reduces toxic emissions.

What an amazing fuel additive. And it comes from a natural, renewable source—coconut oil. The following article by Rafael S. Diaz explains the miracle of coco biodiesel.

The book *Coconut Oil Miracle* written by Dr. Bruce Fife provides a wealth of information on the wonders of coconut oil as dietary food. He presents, in easily understandable terms, why coconut is the “tree of life”. Dr. Mary Enig sums it all up as the “health food for mankind”. But what is remarkable still is that coconut can provide the means for the attainment of a “healthy air for mankind” - - when used as “Coco Biodiesel”.

Air is constantly being polluted by hundreds of different sources. The greatest contributor to air pollution is emission from internal combustion engine. Air pollutants are public health hazard causing respiratory ailments, cancer, and destruction to plants and the environment (i.e. acid rain). People living in cold climates are more exposed to air pollutants since cold air settles closer to the ground. Pollutants from internal combustion engines are:

PM (particulate matter) - these are partially burned hydrocarbon which appear as black smoke emission. It consists of carbon soot and sulfur particulates.

HC (hydrocarbon) – these are unburned hydrocarbon which appear as white smoke.

VOC (volatile organic fraction) – evaporative emissions from fuels which are non-combustion products.

NO_x (nitrogen oxide) – a combustion by-product that causes acid rain (nitric acid). It also aid in the formation of ground level ozone that leads to smog.

CO (carbon monoxide) – a poisonous gas resulting from imperfect combustion. High concentration of ingestion can cause death in minutes.

CO₂ (carbon dioxide) – although not harmful to health, it is a major concern on the issue of global warming. It is one of the greenhouse gases (GHG).

SO₂ (sulfur dioxide) - a combustion by-product that forms into sulfur trioxide (SO₃) then to acid rain.

Since perfect combustion produces only Carbon Dioxide (CO₂) and Water (H₂O), all other emissions are products of imperfect combustion. Therefore, the quest for clean emission (and clean air) can be effectively attained through efficient combustion. ***Coco-Biodiesel optimizes combustion when blended in diesel fuel even with just 1%.***

COCONUT OIL AND COCO BIODIESEL

When people hear the word Coco Biodiesel for the first time, it is often mistaken for coconut oil

(or cooking oil.). This is understandable because it does come from coconut oil. The molecule of coconut oil consists of 1 unit glycerine and a number of fatty acid components of medium carbon chain. Other plant oils consist of 1 unit of glycerine and typically three units of fatty acid of long carbon chain. It is also known as triglyceride, or fat and oil, or lipid. The glycerine component of plant oil has a high boiling point which prevents the plant oil from volatilizing. This is what makes it excellent as cooking oil. However, in biofuel application, what is used is the fatty acid component of the plant oil that is converted to another element called ester. Esters volatilize just as petroleum fuels. Glycerine and fatty acids are separated from each other by a process known as esterification. The plant oil is reacted with an alcohol with the aid of a catalyst. If the plant oil is coconut and methanol is the alcohol reactant, the resulting element is Coco Methyl Ester. Coco Methyl Ester is the chemical name of Coco Biodiesel.



A methyl ester molecule is a straight-carbon chain structure similar to fossil diesel fuel except that it is less clustered and has the presence of an oxygen molecule at the end of the carbon chain. In petroleum application, the nomenclature of saturated and unsaturated fatty acid changes to its IUPAC name “alkane” which is saturated carbon chain with carbon-hydrogen relationship expressed as C_nH_{2n+2}. Monounsaturated fatty acid becomes “alkene” (also referred to as olefin) with carbon-hydrogen relationship expressed as C_nH_{2 n}.

Polyunsaturated fatty acid becomes “alkyne” with carbon-hydrogen relationship expressed as C_nH_{2n-2} .

Example: Alkane C18 is saturated chain of 18 carbon and 38 hydrogen (C_nH_{2n+2}).
 Alkene C18 is monounsaturated chain of 18 carbon and 36 hydrogen (C_nH_{2n})
 Alkyne C18 is polyunsaturated chain of 18 carbon and 34 hydrogen (C_nH_{2n-2})

COCO BIODIESEL – A PREMIUM BIODIESEL

All biodiesels are excellent enhancers for diesel fuel proven to be effective in reducing emissions and in improving engine performance. But unlike biodiesel from rapeseed (Europe); soybean (U.S.); canola (Canada); and palm (Malaysia), Coco Biodiesel is unique due to its short and medium carbon chain making it a superb and versatile biodiesel. All Methyl Esters have **high lubricity and oxygen content** including coconut. However, the added features of **high solvency, high cetane number, and excellent distillation range** are specific only to Coco Biodiesel due to the presence of carbon 8, 10, 12, and 14 apart from carbon 16 and 18 which are the typical profile of most biodiesels. With five (5) fuel enhancing features versus only 2 or 3 features of other plant biodiesels, Coco Biodiesel is undoubtedly, a premium biodiesel!

Diesel Carbon Chain Profile

	C ₈	C ₉	C ₁₀	C ₁₁	C ₁₂	C ₁₃	C ₁₄	C ₁₅	C ₁₆	C ₁₇	C ₁₈	C ₁₉	C ₂₀	C ₂₁	C ₂₂
Boiling Point °F	258	303	345	384	421	456	488	519	548	573	601	625	649	673	697
Local Diesel															

Methyl Ester (ME) Carbon Chain Profile

	C ₈	C ₁₀	C ₁₂	C ₁₄	C ₁₆	C ₁₈	C ₂₀
Boiling Point °F	258	345	421	488	548	601	649
Coconut ME							
Palm ME							
Soybean ME							
Canola/ Rapeseed ME							

From the foregoing chart, the distinction of plant hydrocarbon from fossil hydrocarbon is the absence of odd number carbon (i.e. carbon 9, 11, 13, 15, etc). Its molecule is less clustered and reacts better with oxygen in the combustion chamber. Furthermore, biodiesel contains 11% oxygen that is inherent in the fuel such that the appropriate oxygen-fuel ratio is easier attained for efficient combustion. It prevents oxygen starvation when blended in diesel fuel even with just 1% blend since oxygen is implanted in the heart of the hydrocarbon cluster of the diesel molecule.

BIODIESEL - FUEL FOR THE 21ST CENTURY

Petroleum analysts project that the world crude oil reserve shall reach its halfway mark between the year 2010 and 2015 and since demand growth is exponential, the world crude oil supply will be in critical level by 2040. The accuracy of this projection is not important. The message is simple - crude oil supply will run low within the first half of this century. Alternative fuels must be developed now and the most promising thus far are biofuels – ethanol for gasoline and methyl esters (or biodiesel) for diesel engines being renewable fuels.

Furthermore, the gloomy future of crude oil supply is exacerbated by disturbing important environmental issues concerning ozone depletion, global warming, and heavy air pollution. These have resulted in the legislation of stringent Clean Air Act in most countries. The development of Coco Biodiesel as well as Palm Biodiesels in Asia is timely since these tropical oils can address the problem of dwindling crude oil supply and the environmental issues for the Asian region.

As diesel fuel is produced from crude oil through fractional distillation, methyl ester (or biodiesel) is produced from plant oil through esterification. Plant oil such as soybean, rapeseed, canola, corn, sunflower, peanut, palm, coconut, mustard seed, jatropha, and many more will undoubtedly become the alternative fuel for the 21st century. Coco Biodiesel will play an important role in this new industry

Coco Biodiesel is an excellent emission cleansing fuel that can be blended with fossil fuel as well as with other biodiesels to address the quest for clean air. Perhaps the available supply of Coco Biodiesel may be insignificant at the onset, but its development can be a very positive and promising direction. Developing supply of Coco Biodiesel only requires extensive replanting and fertilization of coconut trees. It is unlike the expensive exploration and drilling cost for crude oil which gives no assurance that crude oil can be found. Tropical countries have the proper climate, proper soil, and plenty of lands for planting.

ACTION OF COCO BODIESEL (Optimizing Combustion Efficiency to Produce Clean Emission)

There are thousands of studies and research data accumulated over the past 20 years from various universities and research institutions in U.S., Europe, Canada, Japan, Australia and even Korea on Methyl Esters as biodiesel. All have dramatic and very favorable results. There are no negative reports published on biodiesel except for the slight increase in NO_x (in most plant oil) and potential effect of solvency on some rubber component at high treat rate. However, tests on Coco Biodiesel which includes those from Nihon University through the Japan Society for the Promotion of Science (JSPS) and the Technological University of the Philippines obtained excellent results in NO_x and PM reduction:

1. NO_x emission has decreased by as much as 20% (this is likely the effect of lower operating temperature due to the shorter carbon chain, wider distillation range, and high cetane number).
2. Emission of Particulate Matter (PM) has reduced by as much as 60% from as little as 1% blend in low sulfur diesel.

3. One (1) liter of Coco Biodiesel combusted with diesel fuel reduces CO₂ emission by 3.2 kg.

To understand the actions of Coco Biodiesel in promoting efficient combustion, there must first be a good understanding of why poor combustion occurs. The elements of combustion are Fuel, Air, and Heat Source. Deficiency in any or a combination of these three elements will result in poor combustion. Deficiency, on the other hand, can also be caused by three conditions:

Defective Engine Condition: Poor compression (in diesel engine) due to worn out piston ring, broken piston ring; worn out fuel pump; worn out fuel injector units; worn out (enlarged) fuel nozzles; blow-by; etc.

Dirty Engine Condition: Plugged or partially clogged fuel injector nozzles; deposits in fuel lines and ports; heavy carbon accumulation in combustion chamber; blocked exhaust system (heavy carbon deposit in muffler); dirty air-filter; clogged fuel filter, etc

Poor Quality of Fuel: High distillation range (high T90); high sulfur content; low Cetane No.; low lubricity; other

There is nothing Coco-Biodiesel can do to correct a defective engine condition. This requires the skill of a mechanic. However, **Coco-Biodiesel can do wonders in addressing a dirty engine condition and poor quality of fuel** due to its unique features not present in fossil diesel (and in other biodiesels).

Oxygen Content - presence of 11% oxygen is **common in all biodiesel**. Fossil diesel fuel has no oxygen content and is therefore prone to oxygen starvation during combustion. Coco Biodiesel promotes clean burning.

Lubricity - high lubricity feature of plant esters is **common in all biodiesels**. 1% blend of Coco biodiesel increases the lubricity of low sulfur diesel by 36% based on laboratory report from Southwest Research Institute in San Antonio, Texas, U.S.A. It enhances boundary lubrication of fuel pump and injector units to restore atomizing pressure efficiency.

High Solvency - this feature is **specific only to coco biodiesel** due to the short and medium carbon chain which provides such feature. Other biodiesels have low to mild solvency. This feature effectively declogs fuel injector nozzles, fuel lines, and fuel ports of accumulated deposits (i.e carbon soot, gum, varnish, ash residue, and other resinous elements) to restore fuel spray efficiency. It also cleanses the combustion chamber of accumulated carbon deposits. It provides diesel fuel with a self-cleaning feature even at 1% blend.

High Cetane Number – this feature is **specific only to coco biodiesel** due to the low level of unsaturated fatty acid of coconut oil. Iodine value measures the unsaturates in fatty acid and has direct correlation with cetane number. Low iodine value equates with high cetane number and vice versa. Coco Biodiesel has iodine value of 7 – 10 with cetane number of 68. Other biodiesels have iodine value of 45 and above

and cetane number of less than 50. Coco Biodiesel promotes better acceleration response, clean emission and greater mileage.

Excellent Volatility Range – this feature is *specific only to coco biodiesel* since it is one of only two common plant oil that has an initial boiling point of 258 °F (C8) and final boiling point of 601 °F (C18). It is the only biodiesel that runs parallel with the distillation range of U.S. Diesel No.1. Other biodiesel have narrow distillation range. Coco Biodiesel enhances the rate of volatilization and cold-starting feature of diesel fuel.

Although biodiesel can be used as 100% diesel fuel substitute (or B100) without need of engine modification or alteration, its high cost however does not make it a feasible substitute to fossil diesel as yet. Due to its quality enhancing features not present (or has weak presence) in diesel fuel, Biodiesel is currently used only as enhancer for diesel fuel. Biodiesel from soybean, rapeseed, and canola is used in U.S. and Europe at 5% to 10% blend to meet their strict emission standards. In many parts of Europe, 5% biodiesel blend (B5) is mandated by government. As to Coco Biodiesel, a 1% to 2% blend is effective enough to substantially reduce smoke and harmful emissions. In time, Coco Biodiesel will be known as an excellent blending component for other biodiesels for its special features coming from the short & medium carbon chain components. Coco Biodiesel will further enhance the performance features of soybean, rapeseed, canola, and palm biodiesels.

Coco Biodiesel surpasses the quality parameters for diesel fuel established in the “World Fuel Charter” by all automotive and engine manufacturers worldwide.

<u>Quality Parameters</u>	<u>International Specification*</u>		<u>Remarks</u>
	<u>Diesel</u>	<u>Coco Biodiesel</u>	
Viscosity (cst @40°F)	2 – 4	2.63	Meets Int’l Specification
Cetane Numer	53 min	68	Surpasses Int’l Specification
Flash Point, °C	55	104	Surpasses Int’l Specification
Sulfur Content	0.030 max	Trace	Surpasses Int’l Specification
Distillation T90	340 °C	313 °C	Surpasses Int’l Specification
Final Boiling Point (FBP)	365 °C	335 °C	Surpasses Int’l Specification

(*Specification published by the World Fuel Charter signed by all automotive and engine manufacturers. It allows a blend of up to 5% Vegetable Derived Ester provided it is compliant with DIN VS 1606)

Coco Biodiesel is fast catching up in Asia particularly in the Philippines. Tests conducted at Tokyo Metropolitan Research Institute in Japan and SK Corporation at Daeduk Institute in South Korea show favorable potential of Coco Biodiesel in addressing air quality standard and the objective of the Kyoto protocol (i.e. reduction of CO₂ emission and other greenhouse gases or GHG).

Coconut is indeed the “tree of life” not just for the *food* that we eat but also for the *air* that we breathe!

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While it may seem counterintuitive to clean your face with coconut oil, it's is quite possibly the purest, most effective way to remove dirt, impurities and yes, even oil from your face.Â Years ago, I never would have imagined Iâ€™d be this excited to talk about how great coconut oil is for face cleansing. The idea of putting coconut oil on my face (I use this one) seemed like crazy talk, and I thought cleaning your face with coconut oil and using coconut oil as a skin moisturizer was for â€œthoseâ€ kind of people. And now, I am totally one of them. The truth is, I used to be a total sucker for step-by-step facial cleansing systems. Keeping your air conditioner clean will prevent expensive repairs and increase the efficiency and reliability of your unit. While you may want to leave some air conditioner cleaning to the professionals, you can use the tips in this...Â 1 Clean the Indoor Unit of a Central Air Conditioner. 2 Clean the Outdoor Unit of a Central Air Conditioner. 3 Clean a Room Air Conditioner. Other Sections. Questions & Answers.