There is a tendency of the mind to engage in what could be called "conceptual proliferation." Rather than being aware of the utter simplicity of a particular situation through experiential insight, we would prefer to chop it up into a bunch of tiny bits of pieces, look at each of these pieces under a magnifying glass, labeling every tiny piece, discussing the nature of each piece by itself, and in the process, we end up causing more confusion for ourselves than we had at the outset. This is clear from the huge abundance of problems in