

The well-lured trout

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Main content

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Wading thigh-deep in New York's Beaverkill River and battling to cast against the early spring breeze, a half dozen fly-fishermen repeatedly fling their tiny, fur and feather insect-imitation lures into the current of Barnhardt Pool. Throughout the morning, these anglers have been fishing for trout with an underwater Hendrickson "nymph," a five-eighths-inch-long simulation of the larva of a mayfly species, *Ephemera subvaria*. But now, at 1:00 P.M., a "hatch" is beginning. By the millions, the water-dwelling *D. subvaria* larvae are quickly metamorphosing, kicking and wriggling their way to the river's fast-moving surface. Within minutes, they will shed their chitinous larval skins and become winged, flying preadults. As more of the insects appear, the pool's trout turn their attention from their earlier, underwater feeding and begin to noisily slash and sip at the river's surface, attacking the drifting preadults. The pool's fly-fishers, in turn, replace their Hendrickson nymphs with their even tinier and more delicate Hendrickson "duns," floating imitations of the *E. subvaria* preadult made of fox fur and rooster and wood duck feather.

The hatch may last an hour or more, each trout rising eagerly to the surface about every 10 seconds to take an insect. And each angler will focus upon a particular fish, in a particular riffle, and attempt to drift a Hendrickson dun over it, in exact synchronization with that trout's feeding rhythm.

As suddenly as it began, the hatch will cease. But later, near dusk, the fly-fishermen will be treated to a brief insect "fall." Millions of yesterday's mayflies, having undergone an overnight moult of their preadult skins, return as adults to mate mid-air over the stream, drop their fertilized eggs into the water, then collapse in a downward spiral to the river's surface and die. The trout will attack again. The anglers will attack again, this time with another handmade fly that is tied in brighter colors to simulate *E. subvaria*'s shedding of its translucent skin and with its exhausted wings made horizontal instead of upright--the "spentwing" Hendrickson "spinner."

There are easier and less painstaking ways of fishing for trout. Most of the nation's 18 million trout-fishermen, in fact, vastly prefer fishing with live bait or with factory-made lures. In bait fishing the angler inserts a hook into the body of a living baitfish, worm, or grasshopper and drifts the creature past a feeding trout. A fish will often ignore or spit out a trout fly as soon as it senses the false feel of feather, but with live bait, a strike and swallow by the trout are virtually guaranteed.

In lure fishing, the angler casts out and reels in large, plastic-and-metal imitations of the baitfish and other underwater trout foods. The factory lure, like the imitation fly, suffers from being artificial. But unlike the small, single-hook fly, a typical lure may be equipped with four to nine hooks along its three-inch length. And because the factory lures or live bait weigh between 75 and 300 times more than the average trout fly, it is...

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How To Choose The Best Trout Lure – Buying Guide. Trout lures come in all kinds of shapes, colors, and sizes. It is said that manufacturers make trout lures not just for trout's eyes but also to catch the eyes of trout anglers. The above are some of the best trout baits and they work very well at catching trout as long as they are fished properly. However, there is no one perfect lure that works all the time, on all trout, and for all kinds of fishing situations. To help you pick the right kind of terminal tackle that will suit the diet and feeding tendencies of the trout you will be targeting These 10 lures will fill your creel with trout. Have a look at some of the best trout lures out there and prepare for more successful fishing. 10 Trout Lures and Some Advice on How to Fish Them. Posted by Scott Vensel. 28 days ago. If you are getting ready for trout fishing season, then pick these lures up now. If you're fishing for trout, there's no sense in wasting time. I can't seal the deal for you, but I can tell you what works. Soft plastics don't always work great if you want to catch trout, and fly fishing suggestions open a while new can of worms. We'll stick with basics, and things that will be effective. Fill your tackle box with the best trout lures and you'll be rippin' lips this season This is a list of the BEST LURES FOR TROUT that I've used. These are the best trout lures for lakes and streams and anything inbetween. The Best Trout Lures for Streams, Rivers and Lakes (Top 8 Trout Fishing Lures). by Don | Last Updated: February 11, 2020. Whether it's casting from the bank or trolling behind a boat, I prefer to use lures when fishing for trout. In this article I'm going to share what I've found to be the best trout lures for streams, lakes, rivers and everywhere in between. The Best Trout Lures for Streams, Rivers and Lakes. I've been fishing for trout my entire life, and over the years, I've caught hundreds of trout, including rainbows, browns, brookies and my favorite... sea run trout species such as cutthro